



Rialtas na hÉireann  
Government of Ireland



# Healthy Ireland at your Library

**The Healthy Ireland at your Library service is available in all local libraries across the country.**

For further information and to provide feedback, go to [www.librariesireland.ie](http://www.librariesireland.ie)

**Waterford Programme of Free Events  
Jan. - Feb. 2019**

## Health Information

Guidance on access to information.

## Books on Health & Wellbeing

Large collection of books on health & wellbeing.

## Online Health Information

E-books, e-audiobooks and e-magazines.

## Programmes and Events

Talks, discussions and workshops relating to various health & wellbeing topics



Healthy Ireland  
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Leabharlanna Phort Láirge  
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