



What can you do to help pollinators?

Kate Chandler

Communities and Engagement Project Officer

www.pollinators.ie





Irish Black Bee (Pic: Jane Sellars)

What are pollinators?

Insects that transfer pollen between plants, leading to fertilization.

There are 99 wild bee species on the island of Ireland

- 1 honeybee
- 21 bumblebees
- 77 solitary bees

What's the problem?

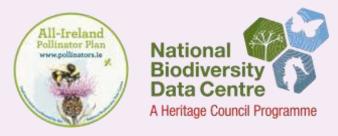
- One third of bee species in Ireland is threatened with extinction
 - Habitat loss
 - Decline in wildflowers
 - Pests and disease
 - Pesticides
 - Climate change
- 78% of our wild plants are pollinated by insects
- 100 crops provide 90% of the world's food. 71 of these are pollinated by bees.







- Pollinators need speciesrich grasslands.
- Reducing mowing allows native wildflowers to return naturally over time.
- Short-flowering meadow:
 - Cut every 6 weeks starting mid-April
- Long-flowering meadow:
 - Cut once a year in September providing food and shelter.





Pic: Dara Stanley



- Pollinators need speciesrich grasslands.
- Reducing mowing allows native wildflowers to return naturally over time.
- Short-flowering meadow:
 - Cut every 6 weeks starting mid-April
- Long-flowering meadow:
 - Cut once a year in September providing food and shelter.





2. Manage native hedgerows for biodiversity

- Native hedgerow such as Hawthorn and Blackthorn flower in spring, providing important food for pollinators emerging from hibernation.
- Flowers grow on older wood, so avoid cutting annually
- Cut on a three-year rotation in a natural A shape





Common Carder Bee on Blackthorn Pic: Lill Dunne

3. Plant pollinatorfriendly trees

- Native trees and shrubs such as Willow, Rowan, Crab Apple and Holly support huge numbers of pollinators.
- Plant a young tree in the autumn or winter, or grow them from seed, or allow mature trees to grow in your hedgerow.
- Avoid areas that you could return to species-rich grassland by reducing mowing.





Bumblebee and a willow flower

4. Avoid pesticides

- Herbicides, insecticides, and fungicides
- These chemicals have been found to kill, harm, and disorientate pollinators, either directly through exposure or indirectly by killing or poisoning their food.
- 'Weeds' such as dandelions are often an important food source for pollinators



- Dandelion (more than double number of sightings of Knapweed!)
- Knapweed
- 3. Bush Vetch
- 4. Heather
- Clovers (Red & White)
- 6. Ragwort
- 7. Bramble
- 8. Bird's-foot-trefoil
- 9. Willow
- 10. Lavender

Top plants each month in 2021:

Month	Most important food plants – in descending order
February	Garden heathers, Crocus, Mahonia, Hellebores
March	Garden heathers, Dandelion, Willow, Flowering Currant, Rosemary
April	Dandelion**, Flowering Currants, Berberis, Willow
May	Dandelion, Bush Vetch, Bird's-foot-trefoil, Cotoneaster, Apple blossom
June	Bush Vetch, Red Clover, Bramble, Buttercup, White Clover
July	Knapweed, Bramble, Lavender, Thistles
August	Knapweed*, Ragwort, Lavender, Bramble, Buddleia, Bird's-foot-trefoil
September	Knapweed, Ragwort, Devil's-bit-scabious, Sedum
October	Ivy*, Devil's-bit-scabious

^{*} indicates where this was a clear favourite over the other species (based on the data received). Wild bees are typically active from February until October.



- Wild pollinators nest in hedgerows, long grass, dry stone walls, and in bare earth.
- Scrape back some bare earth on sunny slopes
- Drill holes 10cm deep in unvarnished wood for solitary nesting bees
- Choose areas near flowers
 - Bumblebees travel 1km
 - Solitary bees only travel a few hundred metres





Common Carder Bee flying out of a tussocky grass nest

6. Pollinator-friendly planting

- Choose nectar and pollenrich plants. Try to choose plants that will provide food throughout the year.
- Perennials are generally better than annuals
- Bidens and Bacopa look great in containers and hanging baskets
- Herbs such as Rosemary, Thyme, and Chives
- Bulbs like Snowdrops, Crocuses, and Grape Hyacinth provide vital early food





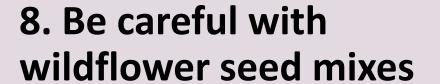
7. Think twice about getting honeybee hives

- On the island of Ireland, we have one native honeybee and it is not in decline.
- Our other wild bee species are under threat – too many honeybee hives can lead to competition for food.





Bumblebee and Honeybee (Pic: Michael Ryan)



- Wildflower seed mixes have been found to contain nonnative species and can inadvertently introduce invasive species.
- If you must use them, make sure they are native species and of Irish origin.
- Or, collect seeds from local wildflowers in August when meadows drop their seeds.





9. Don't install a large bee hotel

- Large bee hotels can encourage the spread of disease and attract predators.
- Avoid anything larger than an average-sized bird box.





A bee hotel should be no bigger than an average bird box

10. Spread the word and get involved

- Talk to your council, school, college, or workplace about the actions they are taking for pollinators
- Join a community group or your local Tidy Towns.





Buncrana Tidy Towns



- Lots of resources on our website pollinators.ie
- Including resources for:
 - Gardeners
 - Community groups
 - Schools
 - Businesses
 - Farmers
- Free signage to download
- Free course in how to identify and record common Irish bumblebees



